PROJECT P²ECE: PREPARING PARAPROFESSIONALS FOR EARLY CHILDHOOD EDUCATION

ECE 101: Introduction to Early Childhood Education
This Bank of Resources was developed under Project P2ECE (Award# H325N110018) funded by the U.S. Department of Education, Office of Special Education Programs. Project P2ECE is collaboration between the PAR2A Center of the University of Colorado Denver, the University of Northern Colorado and the Early Childhood Education programs at Colorado Community College System.
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Acknowledgements

The Preparing Paraprofessionals for Early Childhood Education project (Project P²ECE) is funded by the Office of Special Education, U.S. Department of Education. Project P²ECE is a partnership between the Paraprofessional Resource and Research (PAR²A) Center at the University of Colorado Denver, University of Northern Colorado, and the ECE Statewide Community College Faculty Coalition. The project addresses the critical need for well-prepared professionals who are equipped with knowledge and skills to provide instructional support to children in a variety of preschool settings, including local school districts, Head Start, and community-based preschool programs for 3- to 5-year-olds.

An expert panel reviewed and adapted course competencies addressed in existing ECE-related certificate coursework and Associates of Arts programs in various community colleges in Colorado, by incorporating standard-based and evidence-based special education content and practices. After extensive review, the expert panel provided their recommendations for the ECE 101: Introduction to Early Childhood Education course syllabus, course outline and resources, which were later collated as the ECE 101: Recommended Syllabus & Bank of Resources booklet. This booklet addresses all of the course competencies by providing relevant resources for ice breakers, readings, assignments/assessments, websites, and video clips.

We would like to acknowledge the ECE professionals who supported the development of this booklet through their input and guidance. We appreciate their invaluable assistance in reviewing the recommended syllabus for the ECE 101 course, and contributing resources to address each competency. We express our gratitude to the following members of the expert panel and community college faculty members:

- Mary Buirgy, Thompson School District
- Kim Sellers, Pikes Peak Community College
- Mary Sullivan, Pikes Peak Community College

We also like to thank the following individuals for their efforts in bringing the ECE 101: Recommended Syllabus & Bank of Resources to its current form:

- Rashida Banerjee, University of Northern Colorado
- Ritu V. Chopra, University of Colorado Denver
- Namita A. Mehta, University of Colorado Denver
- Geraldine I. DiPalma, University of Colorado Denver
- Cathy Smyth, University of Northern Colorado

We would also like to place on record our appreciation for the invaluable support rendered by the members of the ECE Statewide Community College Faculty Coalition for endorsing and helping the effort to make the recommendations a part of the statewide common core syllabus.
Introduction to the Bank of Resources

The following document provides a Bank of Resources (BoR) for instructors who are teaching the course ECE 101 – Introduction to Early Childhood Education at the Colorado Community College. The course provides an introduction to Early Childhood Education. It includes the eight key areas of professional knowledge focusing on age’s birth through age eight: Child Growth and Development; Health, Nutrition and Safety; Developmentally Appropriate Practices; Guidance; Family and Community Relationships; Diversity; Professionalism; Administration and Supervision.

What is BoR?

The BoR booklet provides a menu of teaching resources for instructors to use in their college teaching. The content is specifically designed to include evidence-based resources to prepare early childhood professionals for inclusive classrooms that serve all children, including those with identified disabilities.

Each BoR booklet focuses on particular course content and includes the following:

1. A syllabus template for instructors
2. A matrix with the resources, and
3. Appendix with examples of assignments

Developed through multiple iterations and field input, the matrix with resources is arranged in columns that include (a) Reading Materials, (b) Icebreakers and Assignments, (c) Websites, and (d) Videos. These resources are arranged in rows according to the competencies stated for each course in the Colorado Community College Common Course Numbering System (CCCNS).

Who can use BoR?

While the booklet was designed with Colorado Community College faculty who teach in early childhood programs in mind, the content can easily be used by instructors in other programs and by professional development providers who are seeking resources to enhance their teaching and professional development materials.

How do I use BoR?

We recommend that instructors print out the document and review the document prior to developing the course syllabus. Instructors can then select specific resources for their courses based on their individual course goals, course format, and student needs. Since the BoRs are presented by competencies, the instructors may need to align the resources with their course schedules. For example, instructors may decide that the competency C in the BoR relates to the topics for Units 3 and 7. Thus, when planning for Units 3 or 7, the instructors will review the resources provided in Competency C and select those that they want to include in their teaching.
ECE 101: Introduction to Early Childhood Education

Recommended Syllabus & Bank of Resources
Recommended Syllabus

Course Title (short): Intro to Early Childhood Educ
Course Title (long): Introduction to Early Childhood Education
Minimum Credit: 3
Maximum Credit: 
Instructor: 
Office: 
Phone: 
Origin Notes: ACC
Section: 
Location: 
Day/Time: 
E-mail: 
Office Hours: 
Required Textbook: 

COURSE DESCRIPTION

Provides an introduction to early childhood education (ECE). Includes the eight key areas of professional knowledge: (1) child growth and development, (2) health, nutrition and safety, (3) developmentally appropriate practices, (4) guidance, (5) family and community relationships, (6) diversity, (7) professionalism, and (8) administration and supervision. Focuses on children from birth through age eight.

COURSE COMPETENCIES & OBJECTIVES

A. Define evidence-based practices in ECE.
B. Demonstrate knowledge and comprehension by applying theories to curriculum approaches.
C. Identify developmental milestones for children from birth through age eight, for each developmental domain.
D. Describe best practices for health, safety and nutrition young children, and apply state standards to the early childhood setting.
E. Define developmentally and culturally appropriate practices for programs serving young children and the practical application to early childhood settings.
F. Use basic early childhood and early childhood special education terminology.
G. List strategies for building relationships with families and the local community.
H. Identify bias-free attitudes and practices supporting diversity and inclusion in ECE programs.
I. Demonstrate an understanding of professionalism in ECE; use the National Association for the Education of Young Children (NAEYC) code of ethics; explore career options; demonstrate professional oral and written communication skills; develop the foundation of a personal electronic portfolio; work collaboratively as a team; and advocate for ECE.
J. Demonstrate basic knowledge of the Colorado child care licensing rules and regulations, Qualistar rating system and NAEYC accreditation requirements.
K. Identify appropriate guidance techniques and classroom management strategies.

TOPICAL OUTLINE

1. Evidence-based practices
   a. Identify research
b. Observation and collection of evidence

2. History and theories in early childhood
   a. History
   b. Theories and theorists

3. Developmental domains and milestones
   a. Physical
   b. Communication
   c. Cognitive
   d. Social or Emotional
   e. Adaptive

4. Developmentally appropriate practice
   a. Key components
      i. Age and stage appropriate
      ii. Individually appropriate
      iii. Socially and culturally appropriate
   b. Practical applications
      i. Play
      ii. Adult/child interaction
      iii. Environment
      iv. Curriculum
      v. Assessment and planning

5. Curriculum models in early childhood

6. Health, safety and nutrition
   a. General best practices
   b. Colorado state standards

7. Guidance strategies
   a. Building relationships with children and families
   b. Direct and indirect strategies

8. Family and community relationships
   a. Collaboration
      i. Family as first teacher
      ii. Partnerships
      iii. Communication
   b. Resources

9. Diversity
   a. Categories
   b. Culturally sensitive care
      i. Foundations
ii. Socialization process
iii. Bias

10. Inclusion
   a. Attitudes and biases
   b. Diversity of needs
      i. Disabilities
      ii. Cultural and ethnic
      iii. Language
      iv. Social and emotional

11. National and state standards in ECE
   a. Colorado core knowledge and standards
   b. Colorado rules and regulations for child care
   c. Colorado Department of Education P-3 academic standards
   d. Qualistar rating system
   e. NAEYC accreditation standards
   f. National Association for Family Child Care accreditation standards
   g. Environment rating scales

12. Professionalism
   a. Careers
      i. Career options
      ii. Professional organizations
   b. Ethics and codes of conduct
   c. Technical and literacy skills in early childhood
   d. Team processes
   e. Advocacy
      i. Definition
      ii. Current issues

---

**PARAPROFESSIONAL STANDARDS ADDRESSED**

1. ECP1K6: Family systems and the role of families in early childhood education.
2. ECP1K7: Impact and contributions of culturally diverse groups on provision of services for young children in their early childhood settings.
3. ECP1S1: Use basic early childhood and early childhood special education terminology.
4. ECP1S4: Demonstrate respect and appreciation for differences in values, languages and customs among home and community (i.e., childcare centers, hospitals, etc.).
5. ECP2K1: Typical and atypical early childhood development.
6. ECP2K4: Young children develop and learn at varying rates.
7. ECP3S1: Implement and document learning experiences and strategies that respect the diversity of young children and their families as determined by the early childhood team.
8. ECP4K1: Develop an understanding of evidence-based practices in early childhood including children with special needs.
9. ECP5K2: Strategies for establishing and maintaining partnerships with families.
10. ECP5S1: Collaborate with families and early childhood professionals to implement basic health, nutrition and safety practices, and procedures for young children as determined by the early childhood team.

11. ECP6K1: Language and communication development in young children.


13. ECP7K3: Understand the role of national, state and local curricula standards.


15. ECP9K2: Personal and cultural biases and differences that affect one’s practice.

16. ECP9S1: Conduct activities in compliance with applicable laws and policies.

17. ECP9S3: Protect the welfare and safety of young children at all times.

18. ECP9S5: Report suspected child abuse and/or dangerous behaviors as required by law, policies and agency procedure.

ASSIGNMENTS & ASSESSMENT OF ASSIGNMENTS

Faculty will list the required assignments for this course and include rubrics, grading sheets, checklist, etc., that accompany each assignment. See Bank of Resources for suggestions.

1.
2.
3.
4.

GRADING

In order to receive a course grade as indicated relative to the point distribution, all required activities and projects must be completed.

94% to 100% – A
90% to 93% – A-
87% to 89% – B+
83% to 86% – B
80% to 82% – B-
75% to 79% – C
74 and below – F

COURSE OUTLINE

Faculty will list the schedule of topics/requirements in this area. See Bank of Resources for suggestions.

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
<th>Topics</th>
<th>Activities/Reading</th>
<th>Graded Assignment Due</th>
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</tbody>
</table>
### LOCATIONS OFFERED

<table>
<thead>
<tr>
<th>Institution Name</th>
<th>Acronym</th>
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<tbody>
<tr>
<td>Arapahoe Community College</td>
<td>ACC</td>
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<tr>
<td>Community College of Aurora</td>
<td>CCA</td>
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<tr>
<td>Colorado Community College System</td>
<td>CCCS</td>
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<td>Community College of Denver</td>
<td>CCD</td>
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<tr>
<td>Colorado Northwestern CC</td>
<td>CNCC</td>
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<td>Front Range Community College</td>
<td>FRCC</td>
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<tr>
<td>Lamar Community College</td>
<td>LCC</td>
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<tr>
<td>Morgan Community College</td>
<td>MCC</td>
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<tr>
<td>Northeastern Junior College</td>
<td>NJC</td>
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<tr>
<td>Otero Junior College</td>
<td>OJC</td>
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<tr>
<td>Pueblo Community College</td>
<td>PCC</td>
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<td>Pikes Peak Community College</td>
<td>PPCC</td>
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<tr>
<td>Red Rocks Community College</td>
<td>RRCC</td>
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<tr>
<td>Trinidad State Junior College</td>
<td>TSJC</td>
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### STUDENT ETHICS & POLICY INFORMATION

Each community college must include policies regarding incomplete process, academic honesty, access, disability, communication, etc.
Bank of Resources

The following table outlines possible readings, ice breakers and assignments, websites, and video clips that can be used for each competency in the course.

*Note: Some longer and more detailed assignments are hyperlinked and available in the Appendices.*

Suggested Readings: *Early Childhood Education Today* by George Morrison

### Competency A: Evidence-based practices in early childhood education

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
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<tbody>
<tr>
<td>Competency B: Application of theories to curriculum approaches</td>
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<tr>
<td><strong>Readings</strong></td>
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<tr>
<td><strong>Ice Breakers and Assignments</strong></td>
<td><strong>Websites</strong></td>
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<td></td>
<td>Virginia EO Professional Development center: Inclusion in Action <a href="https://www.youtube.com/watch?v=4DV6bGo-hk">www.youtube.com/watch?v=4DV6bGo-hk</a></td>
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<td></td>
<td>Why Waldorf? <a href="https://www.youtube.com/watch?v=tZmAX5adCl0">https://www.youtube.com/watch?v=tZmAX5adCl0</a></td>
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<td></td>
<td>CNN Report on Reggio Emelia Early Childhood Schools <a href="https://www.youtube.com/watch?v=XVv5ZL9nlgs">https://www.youtube.com/watch?v=XVv5ZL9nlgs</a></td>
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<td></td>
<td>A Peak Inside a Montessori Classroom <a href="https://www.youtube.com/watch?v=S0HlI7dmOzU">https://www.youtube.com/watch?v=S0HlI7dmOzU</a></td>
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</tbody>
</table>
## Competency C: Developmental milestones for children from birth through age eight years in each developmental domain

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Readiness Through Play: <a href="http://www.beststart.org/OnTrack_English/pdf/OnTrack-Section4.pdf">http://www.beststart.org/OnTrack_English/pdf/OnTrack-Section4.pdf</a></td>
<td><strong>Ice Breaker C1:</strong> Observation of children in their natural environment. Do you see the stages of play that were discussed in the video?</td>
<td>Child Centers for Disease Control and Prevention: Developmental Milestones <a href="http://www.cdc.gov/ncbddd/actearly/milestones/">http://www.cdc.gov/ncbddd/actearly/milestones/</a></td>
<td>Stages of Play <a href="http://www.youtube.com/watch?v=nhF6E7zHqWI">http://www.youtube.com/watch?v=nhF6E7zHqWI</a></td>
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</table>

## Competency D: Best practices and state standards for health, safety, and nutrition for young children in early childhood setting

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
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<tbody>
<tr>
<td>Promoting the Health, Safety, and Well-Being of Young Children With Disabilities and Developmental Delays: <a href="http://www.dec-">http://www.dec-</a></td>
<td><strong>Assignment D1:</strong> Integrating Health and Fitness into the Young Child’s Day</td>
<td>Colorado Quality Standards for Early Childhood Care and Education Services <a href="http://www.cde.state.co.us/cpp/quality-standards">http://www.cde.state.co.us/cpp/quality-standards</a></td>
<td>TED Talk: Teach Every Child About Food by James Oliver <a href="https://www.youtube.com/watch?v=go_QOzc79Uc">https://www.youtube.com/watch?v=go_QOzc79Uc</a></td>
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<td></td>
<td><strong>Assignment D2:</strong> Create a menu for an early childhood program</td>
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<td>Healthy Food Choices: Snacks for</td>
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<td>Assignment D3: Check the safety of an early childhood playground and report on it using the CO Quality Standards</td>
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<td>that includes USDA guidelines for nutrition.</td>
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<tr>
<td>Food Friends <a href="http://foodfriends.org">http://foodfriends.org</a></td>
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<tr>
<td>Get Moving Today! Activity Calendar <a href="http://www.healthychildcare.org/PDF/LetsMove%20CalendarENGLCalendarsFULL.pdf">http://www.healthychildcare.org/PDF/LetsMove%20CalendarENGLCalendarsFULL.pdf</a></td>
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<tr>
<td>Kitchen Activities for Preschoolers <a href="http://www.choosemyplate.gov/preschoolers/picky-eaters/kitchen-activities.html">http://www.choosemyplate.gov/preschoolers/picky-eaters/kitchen-activities.html</a></td>
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<tr>
<td>Toddlers <a href="http://www.youtube.com/watch?v=IRZnAKe5nV4">http://www.youtube.com/watch?v=IRZnAKe5nV4</a></td>
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<tr>
<td>Feeding matters <a href="http://www.feedingmatters.org/education/videos/educational-videos">www.feedingmatters.org/education/videos/educational-videos</a></td>
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</tbody>
</table>
### Competency E: Developmentally and culturally appropriate practices for programs serving young children and the practical application to early childhood settings.

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Assignment E2:</strong> Developmentally Appropriate Practices</td>
<td>National Center for Cultural Competence <a href="http://nccc.georgetown.edu/">http://nccc.georgetown.edu/</a></td>
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</tbody>
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### Competency F: Early childhood and early childhood special education terminology

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
<tbody>
<tr>
<td>People First Language: <a href="http://pages.towson.edu/cholmes/similarities/peoplefir">http://pages.towson.edu/cholmes/similarities/peoplefir</a></td>
<td><strong>Ice Breaker F1:</strong> Acronym Ice Breaker</td>
<td>Special Education terminology glossary: <a href="http://www.inclusivechildcare.org/inc">http://www.inclusivechildcare.org/inc</a></td>
<td>People-First Language <a href="http://www.youtube.com/watch?v=QQ0pKPx0yHs">http://www.youtube.com/watch?v=QQ0pKPx0yHs</a></td>
</tr>
</tbody>
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### Assignment F2: Peek into Early Childhood Education: Meet Billy Guiding Questions

- Council for Exceptional Children
- National Dissemination Center for Children With Disabilities – Disabilities
  - [http://nichcy.org/disability](http://nichcy.org/disability)
- National Dissemination Center for Children With Disabilities – Key Terms to Know in Early Intervention
  - [http://nichcy.org/babies/keyterms](http://nichcy.org/babies/keyterms)
- People first language:
  - [http://www.disabilityisnatural.com/explore/people-first-language](http://www.disabilityisnatural.com/explore/people-first-language)

### Head Start Center for Inclusion
- [http://www.youtube.com/watch?v=a0NAptuWZz4](http://www.youtube.com/watch?v=a0NAptuWZz4)

### Competency G: Building relationships with families and the local community

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
</table>
| Assuring the Family’s Role on the Early Intervention Team
  - [www.nectac.org/~pdfs/pubs/assuring.pdf](http://www.nectac.org/~pdfs/pubs/assuring.pdf) | **Assignment G1:** Community Resource presentation and directory. Each student will research one community resource and then present it to the class. All of the presentations will be put together in a directory for every student. | Parent Assistance Line
  - [www.pal.ua.edu/support/parentstylesdifferent.php](http://www.pal.ua.edu/support/parentstylesdifferent.php)
  - Peak Parent Center
  - [http://www.peakparent.org/](http://www.peakparent.org/)
  - NAEYC Engaging Diverse Families
  - [http://www.naeyc.org/ecp/trainings/edf](http://www.naeyc.org/ecp/trainings/edf) | Results Matter Video Library-
  Early Intervention
  - [http://www.cde.state.co.us/resultsmatter/rmvideoseries_earlyintervention](http://www.cde.state.co.us/resultsmatter/rmvideoseries_earlyintervention)
  - Reflections During the Final Home Visit
  - [http://www2.cde.state.co.us/media/ResultsMatter/RMSeries/Final](http://www2.cde.state.co.us/media/ResultsMatter/RMSeries/Final) |
## Competency H: Bias-free attitudes and practices supporting diversity and inclusion in early childhood programs

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
</table>
**Competency I: Professionalism in Early Childhood Education:**

- The NAEYC Code of Ethics
- Career options
- Professional oral and written communication
- Foundation of a personal electronic portfolio
- Work collaboratively as a team
- And advocate for early childhood education

### Readings
- DEC Member Code of Ethics
  - [http://www.dec-sped.org/papers](http://www.dec-sped.org/papers)
- NAEYC Code of Ethics
  - [http://www.naeyc.org/ethics](http://www.naeyc.org/ethics)

### Ice Breakers and Assignments

<table>
<thead>
<tr>
<th>Ice Breaker 11: Common Chain</th>
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<tbody>
<tr>
<td>Ice Breaker 12: What values make you an early childhood professional? Why do you want to work in early childhood?</td>
</tr>
<tr>
<td>Ice Breaker 13: Group work. You are a teacher, you are the director, you are a parent, you are a child. What are you looking for in an early childhood program?</td>
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</table>

### Websites

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<thead>
<tr>
<th>National Association for the Education of Young Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAEC 2010 Standards for Initial Early Childhood Professional Preparation</td>
</tr>
<tr>
<td>[<a href="http://www.naeyc.org/ncate/files/nca">http://www.naeyc.org/ncate/files/nca</a> te/Std_1pager.pdf](<a href="http://www.naeyc.org/ncate/files/nca">http://www.naeyc.org/ncate/files/nca</a> te/Std_1pager.pdf)</td>
</tr>
</tbody>
</table>

### Video Clips

<table>
<thead>
<tr>
<th>Top Ten Signs You’re An Early Childhood Educator</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.youtube.com/watch?v=QNdeX_5XPIM">http://www.youtube.com/watch?v=QNdeX_5XPIM</a></td>
</tr>
<tr>
<td>Early Childhood Educators are Professionals!</td>
</tr>
<tr>
<td><a href="http://www.youtube.com/watch?v=iSKeyEmOs54">http://www.youtube.com/watch?v=iSKeyEmOs54</a></td>
</tr>
<tr>
<td>Competency J: Colorado Child Care Licensing Rules and Regulations, Qualistar Rating System and NAEYC Accreditation requirements.</td>
</tr>
<tr>
<td>---</td>
</tr>
<tr>
<td><strong>Readings</strong></td>
</tr>
<tr>
<td>Commonly Asked Questions about Child Care Centers and the Americans with Disabilities Act <a href="http://www.ada.gov/childqanda.htm">http://www.ada.gov/childqanda.htm</a></td>
</tr>
</tbody>
</table>
## Competency K: Guidance techniques and classroom management strategies

<table>
<thead>
<tr>
<th>Readings</th>
<th>Ice Breakers and Assignments</th>
<th>Websites</th>
<th>Video Clips</th>
</tr>
</thead>
</table>
Teaching Tools for Young Children – Routine Based Support Guide available at: [http://www.challengingbehavior.org/do/resources/teaching_tools/ttyc_updated_toc.html](http://www.challengingbehavior.org/do/resources/teaching_tools/ttyc_updated_toc.html) | **Ice Breaker K1:** Discuss Tom Hene Quote  
**Assignment K1:** Pyramid Overview  
**Assignment K2:** Practical Strategies for Teaching Social-Emotional Skills  
**Assignment K3:** Personal plan for guiding behavior | Center on the Social and Emotional Foundations for Early Learning [http://csefel.vanderbilt.edu/](http://csefel.vanderbilt.edu/)  
Pyramid Model Overview [https://www.youtube.com/watch?v=xYYOUtMHHJs](https://www.youtube.com/watch?v=xYYOUtMHHJs) |
Selected Examples of Assignments
Competency A: Evidence-based practices in ECE

Watch InBrief: The Science of Early Childhood Development (link: https://youtu.be/WO-CB2nsqTA) and answer the following questions:

1. What does Dr. Jack P. Shonkoff mean by the “serve and return” nature of children’s interactions with adults? How do your interactions with young children impact their development?

2. How do the three levels of stress impact the developing brains of young children?

3. What can the teacher do to decrease the stress level in the classroom environment?
Competency A: Evidence-based Practices in ECE
Assignment A2: Putting the DEC Recommended Practices into Action

The Division for Early Childhood (DEC) has created a document of evidence-based practices in creating an inclusive early learning environment. The table below has a few of these recommended practices listed. In the blank column, brainstorm ways to apply these evidence-based practices. The full DEC Recommended Practices document is available at: [http://dec.membershipsoftware.org/files/Recommended%20Practices/DEC%202014%20Recommended%20Practices.pdf](http://dec.membershipsoftware.org/files/Recommended%20Practices/DEC%202014%20Recommended%20Practices.pdf)

The first recommended practice is completed as a sample.

<table>
<thead>
<tr>
<th>DEC Recommended Practices</th>
<th>Ideas for Applying These Practices</th>
</tr>
</thead>
</table>
| INS1. Practitioners, with the family, identify each child's strengths, preferences, and interests to engage the child in active learning. | • Family-teacher conferences  
• Home visits  
• Inviting parents to lesson planning time  
• Encouraging parents to volunteer in the classroom |
| E6. Practitioners create environments that provide opportunities for movement and regular physical activity to maintain or improve fitness, wellness, and development across domains |                                                                                      |
| F4. Practitioners and the family work together to create outcomes or goals, develop individualized plans, and implement practices that address the family's priorities and concerns and the child's strengths and needs. |                                                                                      |
| TR2. Practitioners use a variety of planned and timely strategies with the child and family before, during, and after the transition to support successful adjustment and positive outcomes for both the child and family. |                                                                                      |
| F3. Practitioners are responsive to the family’s concerns, priorities, and changing life circumstances. |                                                                                      |
Competency B: Application of theories to curriculum approaches.  
Assignment B1: What systems influence your life?

Bronfenbrenner’s bioecological perspective states that there are five systems that influence a child’s development. The table below outlines the name of these five systems and descriptions of each. In the blank column list how each of those systems influence your own life.

<table>
<thead>
<tr>
<th>System Name</th>
<th>Description of Influence on a Child's Development</th>
<th>How do these systems influence your life?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microsystem</td>
<td>Immediate interpersonal connections such as family or school</td>
<td></td>
</tr>
<tr>
<td>Mesosystem</td>
<td>Interrelationship between Microsystems such as family-school partnerships</td>
<td></td>
</tr>
<tr>
<td>Exosystem</td>
<td>Settings that affect development but the child is not an active participant such as an older sibling’s class or parent support network</td>
<td></td>
</tr>
<tr>
<td>Macrosystem</td>
<td>Cultural values/beliefs such as neighborhood values</td>
<td></td>
</tr>
<tr>
<td>Chronosystem</td>
<td>Policies, major life transitions, historical events, and environmental factors such as federal/state policies, landmark court cases, or civil rights movements</td>
<td></td>
</tr>
</tbody>
</table>
Competency C: Developmental milestones for children from birth through age eight years in each developmental domain.
Assignment C2: Timeline of developmental milestones

Brainstorm the developmental milestones that occur at each age mentioned in the timeline below.

<p>| | | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth</td>
<td>3 months</td>
<td>7 months</td>
<td>1 year</td>
<td>2 years</td>
<td>3 years</td>
<td>4 years</td>
<td>5 years</td>
</tr>
</tbody>
</table>
Competency D: Best practices and state standards for health, safety, and nutrition for young children in early childhood setting.
Assignment D1: Integrating Health and Fitness into the Young Child’s Day

Below are some routines that may occur in a young child’s day. Brainstorm as many ways as you can to integrate health and fitness into these routines.

<table>
<thead>
<tr>
<th>Snack</th>
<th>Transitions</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Large Group or Circle Time</th>
<th>Outdoor Play</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Literacy/Story Time</th>
<th>Choice Play/Centers</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Competency E: Culturally and developmentally appropriate practices**  
**Assignment E2: Developmentally Appropriate Practices**

Using *Developmentally Appropriate Practice in Early Childhood Programs* (3rd edition) by Carol Copple and Sue Bredekamp, find examples of how children with special needs are addressed.

**Infants and Toddlers**

<table>
<thead>
<tr>
<th>Appropriate Practices</th>
<th>Inappropriate Practices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**3- to 5-Years-Olds**

<table>
<thead>
<tr>
<th>Appropriate Practices</th>
<th>Inappropriate Practices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**6- to 8-Years-Olds**

<table>
<thead>
<tr>
<th>Appropriate Practices</th>
<th>Inappropriate Practices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Competency F: ECE and ECSE terminology**  
**Ice Breaker F1: Acronym Ice Breaker**

Acronym Ice Breaker

Professionals in the field of early childhood special education use many acronyms. Take three minutes to expand on as many as acronyms as possible.

<table>
<thead>
<tr>
<th>ASL</th>
<th>CEC</th>
<th>IDEA</th>
<th>ECE</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECSE</td>
<td>EI</td>
<td>ELL</td>
<td>ESL</td>
</tr>
<tr>
<td>FAPE</td>
<td>GE</td>
<td>GT</td>
<td>IEP</td>
</tr>
<tr>
<td>IFSP</td>
<td>LRE</td>
<td>OT</td>
<td>PT</td>
</tr>
<tr>
<td>PBS/PBiS</td>
<td>RtI</td>
<td>SE</td>
<td>SLP</td>
</tr>
</tbody>
</table>

**ANSWER SHEET ON THE NEXT PAGE ➔**
## Acronym Ice Breaker – Answer Sheet

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASL</td>
<td>American Sign Language</td>
</tr>
<tr>
<td>CEC</td>
<td>Counsel for Exceptional Children</td>
</tr>
<tr>
<td>IDEA</td>
<td>Individuals with Disabilities Education Act</td>
</tr>
<tr>
<td>ECE</td>
<td>Early Childhood Education (Educator)</td>
</tr>
<tr>
<td>ECSE</td>
<td>Early Childhood Special Education (Educator)</td>
</tr>
<tr>
<td>EI</td>
<td>Early Intervention</td>
</tr>
<tr>
<td>ELL</td>
<td>English Language Learner</td>
</tr>
<tr>
<td>ESL</td>
<td>English as a Second Language</td>
</tr>
<tr>
<td>FAPE</td>
<td>Free and Appropriate Public Education</td>
</tr>
<tr>
<td>GE</td>
<td>General Education</td>
</tr>
<tr>
<td>GT</td>
<td>Gifted and Talented</td>
</tr>
<tr>
<td>IEP</td>
<td>Individualized Education Program</td>
</tr>
<tr>
<td>IFSP</td>
<td>Individualized Family Service Plan</td>
</tr>
<tr>
<td>LRE</td>
<td>Least Restrictive Environment</td>
</tr>
<tr>
<td>OT</td>
<td>Occupational Therapist</td>
</tr>
<tr>
<td>PT</td>
<td>Physical Therapist</td>
</tr>
<tr>
<td>PBS/PBiS</td>
<td>Positive Behavior (Interventions) Supports</td>
</tr>
<tr>
<td>RtI</td>
<td>Response to Intervention</td>
</tr>
<tr>
<td>SE</td>
<td>Special Education</td>
</tr>
<tr>
<td>SLP</td>
<td>Speech/Language Pathologist (Speech Therapist)</td>
</tr>
</tbody>
</table>
Competency F: ECE and ECSE terminology
Assignment F2: Peek into Early Childhood Education: Meet Billy Guiding Questions

Watch Peek into Early Childhood Education: Meet Billy (link: http://www.youtube.com/watch?v=a0NAptuWZz4) and answer the following questions:

1. List several accommodations you see in the video that assist Billy in accessing learning opportunities.

2. How is this early childhood setting supporting the whole family?
Competency H: Bias-free attitudes and practices supporting diversity and inclusion
Icebreaker H1: Getting to Know You

Getting To Know You

Goal: To learn about each other.

Instructions: Divide the learners into small groups. Provide each group a large sheet of flip chart paper and markers. Have them to draw a large flower with a center and a number of petals equaling the number of learners in your group. Through discussion with their group members, have participants find their similarities and differences. They should fill in the center of the flower with something they all have in common. Each member should then fill in his or her petal with something about them that is unique - unlike any other member in their group. Students should be instructed that they cannot use physical attributes such as hair color, weight etc. This encourages them to have more meaningful discussions with their group members. They should be encouraged to be creative in their ideas and drawings. After the small group activity, have each group share the similarities and differences with the class.
Competency H: Bias-free attitudes and practices supporting diversity and inclusion

Assignment H2: Books that Honor Cultural Differences

Search for several age-appropriate books for young children that honor cultural differences and/or celebrate diversity, and list them below.

Book Title and Author: __________________________________________________________
Why would you use this book?

Book Title and Author: __________________________________________________________
Why would you use this book?

Book Title and Author: __________________________________________________________
Why would you use this book?
Competency H: Bias-free attitudes and practices supporting diversity and inclusion
Assignment H3: Accommodating Children from Diverse Cultures and Children Who Are English Language Learners

Accommodating Children from Different Cultures and Children Who Are English Language Learners

Watch Supporting Cultural and Linguistic Diversity in Early Childhood (link: http://youtu.be/XWg-ZrV3wPk), and then choose three areas of a typical preschool classroom and list how you might adapt these areas (e.g., pretend play area, library, math center, science center, art area, etc.) to accommodate children from different cultures.

Area 1:

Area 2:

Area 3:
Competency I: Professionalism in Early Childhood Education
Icebreaker I1: Common Chain

Common Chain

Share that the facilitator will provide an introduction; and as soon as one of the participants hear something said by the facilitator that they have in common, the participant should stand up and link arms with the facilitator. The participant who has linked arm with the facilitator will provide an introduction, starting with the thing that the participant has in common with the facilitator. As soon as other participants hear something they have in common with the speaker, one of the participants will get up and extend the chain by linking arms with the speaker. The chain will continue in this manner until all participants are linked.
Competency I: Professionalism in Early Childhood Education
Assignment I4: NAEYC Standards

1. Write two well-written sentences in your own words describing your beliefs about the six NAEYC standards from Chapter 1 in *Early Childhood Education Today* (10th edition) by George Morrison. If you are currently working in the field, then you should have an idea about these six goals and how they pertain to the field. If you are not working in the field, format your sentences to show what you would like to see from a teacher, child care worker, or educator working with children. You may want to begin your first sentence with, “I believe…”

   a. NAEYC Standard #1 – Promoting Child Development and Learning
      i.  
      ii. 

   b. NAEYC Standard #2 – Building Family and Community Relationships
      i.  
      ii. 

   c. NAEYC Standard #3 – Observing, Documenting, and Assessing to Support Young Children and Families
      i.  
      ii. 

   d. NAEYC Standard #4 – Using Developmentally Effective Approaches to Connect with Children and Families
      i.  
      ii. 

   e. NAEYC Standard #5 – Using Content knowledge to Build Meaningful Curriculum
      i.  
      ii. 

   f. NAEYC Standard #6 – Becoming a Professional
      i.  
      ii. 

2. Pick one of the sentences and make it your topic sentence for a four- to seven-sentence paragraph demonstrating your understanding of one of the NAEYC’s goals. Your paragraph should be written in the first person, contain a well-written topic sentence and provide supporting details.

___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
**Competency I: Professionalism in Early Childhood Education**  
**Assignment I5: (Final Project): AABC Early Childhood Journal Reflection**

**ABC Early Childhood Journal Reflection**

**Some suggestions:**

1. Preview a variety of ABC books.

2. Must see evidence of:
   - Textbook reading.
   - Your own prior knowledge.
   - Class discussions.
   - Class assignments.

3. Student work, if possible.

4. Each letter should contain 1-2 responses.

5. Start the project now for the ABC checks and pace yourself through the semester.

6. Use the verbs from Bloom’s taxonomy.

7. Date of the class should be documented after each entry.

8. Chapter reference should be documented after each entry.

9. Be creative and reflective.

10. NO DEFINITIONS.

**Review:**

1. 26 letters.

2. 1-2 reactions/reflections to text, lectures, class review sheets, and discussions.

3. Well-written meaningful paragraphs that demonstrate higher level thinking.

4. All reactions/reflections should list chapter and date.

5. No definitions.

*Peer review will be scheduled during class time.*
Competency I: Professionalism in Early Childhood Education
Assignment I6: Developing a Philosophy of Education

Developing a Philosophy of Education

Finish the following statements:

1. I believe the purpose of education is…

2. I believe that children learn best when…

3. The curriculum of any classroom should include certain “basics” that contribute to…

4. These basics are…

5. Children learn best in an environment that promotes…

6. Features of a good learning environment are…

7. All children have certain needs that must be met if they are to grow and learn at their best. Some of these basic needs are…

8. I would meet these needs by…

9. Qualities that are important for teachers to have are…

Competency I: Professionalism in Early Childhood Education
Assignment I7: My Involvement in the Four Dimensions of Professionalism

My Involvement in the Four Dimensions of Professionalism

Write a six-paragraph paper about your involvement with the four dimensions of professionalism. Do not list the information that is in our textbook. Instead, read about the dimensions in Chapter 1 and think about your own personal characteristics, educational attainment, professional practice and public presentation that you would like to describe in your paper. Be very specific about your involvement in your paper.

Your paper should follow the following format:
Paragraph 1 – Introduction
Paragraph 2 – Personal characteristics
Paragraph 3 – Educational attainment
Paragraph 4 – Professional practice
Paragraph 5 – Public presentation
Paragraph 6 – Closing

Source: Early Childhood Education Today (10th edition), George Morrison, Chapter 1
ABC EARLY CHILDHOOD JOURNAL REFLECTION – PEER EVALUATION FORM

Writer’s Name______________________________________________
Evaluator__________________________________________________

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Would someone outside of ECE 101 understand the content?</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Why or why not? (please answer in the space provided)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Does the paragraph capture my interest?</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Why or why not? (please answer in the space provided)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Does the paragraph tell me something new or interesting about what has been learned in ECE 101?</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>4. Is the paragraph well-organized?</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>

5. After reading the paragraph, write a question for the writer. Ask a question about the paragraph written for the ABC book. (This question is for reflection only; the writer does not need to respond to the question).

6. In this piece, I like how the writer:

7. The writer could make this work better by:
Competency K: Guidance strategies, techniques and classroom management

Ice Breaker K1: Discuss Tom Herne Quote

Tom Herne Quote

If a child doesn’t know how to read, we teach.
If a child doesn’t know how to swim, we teach.
If a child doesn’t know how to add, we teach.
If a child doesn’t know how to drive, we teach.
If a child doesn’t know how to behave, we… punish? ...teach?
Why can’t we finish the last sentence as automatically as we do the others?

—Tom Herne, 1998

Discussion Questions
What do you think about this quote? Do you agree or disagree with it?

What can we do to promote teaching over punishing?
Competency K: Guidance strategies, techniques and classroom management
Assignment K2: Pyramid Overview

Pyramid Overview – READ-PAIR-SHARE

Read *The Teaching Pyramid* by Lise Fox, Glen Dunlap, Mary Louise Hemmeter, Gail E. Joseph, and Phillip S. Strain (link: [http://csefel.vanderbilt.edu/resources/inftodd/mod4/4.7.pdf](http://csefel.vanderbilt.edu/resources/inftodd/mod4/4.7.pdf)), answer the questions below, and share your responses with the whole class.

1. List four specific ways you build positive relationships with young children, families and colleagues.

2. List three classroom preventative practices you put into place.

3. List two specific ways you could teach social/emotional skills to young children.
Competency K: Guidance strategies, techniques and classroom management
Assignment K3: Practical Strategies for Teaching Social Emotional Skills

Watch Practical Strategies for Teaching Social Emotional Skills (link: http://csefel.vanderbilt.edu/resources/practical_%20strategies.html) and choose two activities you saw in the video that you could use to teach social-emotional skills to young children. Write two paragraphs for each activity. Include a description of the activity, why you chose it and what specific skill the activity teaches (e.g., sharing, recognizing feelings, calming down, etc.).

Activity #1:

Activity #2:
Competency K: Guidance strategies, techniques and classroom management
Assessment K4: Personal Plan for Guiding Behavior

Develop your own plan for guiding children’s behavior in your classroom. Include the following:

- “My core beliefs about guiding children’s behavior are…”
- “I want my children to demonstrate these essential behaviors…”
- “The five most essential methods I can use to guide children’s behavior are…”
General Icebreakers and Assignments
**Icebreaker: Music Bands**

Instruct participants to take five minutes to name the music bands the pictures represent.

<p>| | | | |</p>
<table>
<thead>
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</thead>
<tbody>
<tr>
<td>1.</td>
<td>2.</td>
<td>3.</td>
<td>4.</td>
</tr>
<tr>
<td><img src="image1" alt="Image" /></td>
<td><img src="image2" alt="Image" /></td>
<td><img src="image3" alt="Image" /></td>
<td><img src="image4" alt="Image" /></td>
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<tr>
<td>5.</td>
<td>6.</td>
<td>7.</td>
<td>8.</td>
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<tr>
<td><img src="image5" alt="Image" /></td>
<td><img src="image6" alt="Image" /></td>
<td><img src="image7" alt="Image" /></td>
<td><img src="image8" alt="Image" /></td>
</tr>
<tr>
<td>9.</td>
<td>10.</td>
<td>11.</td>
<td>12.</td>
</tr>
<tr>
<td><img src="image9" alt="Image" /></td>
<td><img src="image10" alt="Image" /></td>
<td><img src="image11" alt="Image" /></td>
<td><img src="image12" alt="Image" /></td>
</tr>
<tr>
<td>13.</td>
<td>14.</td>
<td>15.</td>
<td>16.</td>
</tr>
<tr>
<td><img src="image13" alt="Image" /></td>
<td><img src="image14" alt="Image" /></td>
<td><img src="image15" alt="Image" /></td>
<td><img src="image16" alt="Image" /></td>
</tr>
<tr>
<td>17.</td>
<td>18.</td>
<td>19.</td>
<td>20.</td>
</tr>
<tr>
<td><img src="image17" alt="Image" /></td>
<td><img src="image18" alt="Image" /></td>
<td><img src="image19" alt="Image" /></td>
<td><img src="image20" alt="Image" /></td>
</tr>
</tbody>
</table>

ANSWER SHEET ON THE NEXT PAGE ➔
Icebreaker Activity Answers

1. Maroon 5
2. The Beatles
3. The Doors
4. Queen
5. KISS
6. Smashing Pumpkins
7. Pink
8. U2
9. Green Day
10. Black Eyed Peas
11. 50 Cent
12. Eminem
13. Madonna
14. Poison
15. Sum 41
16. Beach Boys
17. Whitesnake
18. Prince
19. Police
20. Meatloaf
Reflection Exercise

Topic Summary

Name_________________________________________________Date____________________

Three things I learned today:

Two things I heard today:

One thing I would like to learn more about that is related to today’s topic: